

## BEYOND THE BEACH

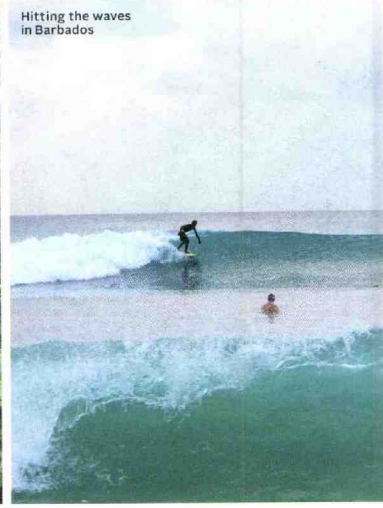
There's nothing wrong with soaking up the sun on a tropical honeymoon. But if you've been there, swum that, one of these thrill-seeking options may be just the thing to add a little splash to your trip. **TEXT BY KIMBERLY GOAD**



Making a splash in the Dominican Republic



Exploring the jungles of Saba



Hitting the waves in Barbados

### Cascading DOMINICAN REPUBLIC

A 2.8-mile hike brings you to the top of the 27 Waterfalls of Damajagua—which is where the adventure really begins. You'll don a helmet and life jacket, then "cascade" back down to base camp by jumping, swimming, and sliding through canyons of limestone that have been smoothed by nature. Brace yourself: The biggest drop is 25 feet. **Book it:** Iguana Mama Adventure Tours, from \$89 for five-hour tours, [iguanamama.com](http://iguanamama.com).

### Hiking SABA

The tiny Dutch island is all rocks and boulders etched out of a dormant volcano. For dramatic views of meadows, mountains, and caves below, hike some of the 17 well-marked trails on the nearly 3,000-foot Mount Scenery—the highest point in all of the Netherlands. **Book it:** Maps can be purchased at the shop near the entrance; [sabatourism.com](http://sabatourism.com).

### Jungle Biking ST. LUCIA

Eight miles of trails wind through the lush, DayGlo-bright greenery in and

around the historic Anse Mamin Plantation. Bikes are available for rent on-site, and after a quick guided orientation lap, you're free to explore on your own. Don't miss the roller-coaster-like Tinker's Trail. **Book it:** Bike St. Lucia, rentals from \$45, [bikestlucia.com](http://bikestlucia.com).

### Mountain Biking TOBAGO

You may know this slice of paradise because of its stunning wide beaches, but it's also home to the oldest protected rainforest in the Western Hemisphere (and a paradise for birdwatchers). See it all while pedaling along trails and paths that sit 1,700 feet above sea level. **Book it:** Tobago Mountain Bike Tours, \$45 for three-to-four-hour tours, [tobagomountainbike.com](http://tobagomountainbike.com).

### Night Kayaking PUERTO RICO

When it comes to exploring Fajardo's bioluminescent bay, the darker the sky, the better. You'll witness a rare underwater light show, courtesy of tiny glow-in-the-dark sea creatures known

as dinoflagellates that sparkle when agitated by a paddle—or even your hand. **Book it:** Eco Adventures, \$48 for a two-hour tour, [ecoadventurespr.com](http://ecoadventurespr.com).

### Surfing BARBADOS

This coral island sits so far out in the Atlantic that when waves finally reach it, they break in a big way. Up for a challenge? Head to the Soup Bowl swells on the rugged eastern coast. Newbies should stick to the south and learn the ropes from a pro. **Book it:** Zed's Surfing Adventures, lessons from \$80, [zedssurftravel.com](http://zedssurftravel.com).

### Whale Watching TURKS AND CAICOS

From mid-January to early April, during their annual mating migration, the humpbacks make the waters surrounding Grand Turk and Salt Cay their home. On a tour, you'll have the chance to get close to these massive (yet gentle) mammals, which can weigh up to 80,000 pounds. **Book it:** Crystal Seas Adventures, \$150 for a four-hour tour, [crystalseasadventures.com](http://crystalseasadventures.com).

FROM LEFT: DOMINICAN REPUBLIC MINISTRY OF TOURISM; FRANS LEMMENS/GETTY IMAGES; PAREMAGNUP/GETTY IMAGES

